

OPT Parent Newsletter



OPT News

We at Young Horizons hope that you are having a great summer filled with fun activities for the whole family. If you need ideas for this summer you can always find the Kidsguide magazine at any of our centers or log on to Kidsguidemagazine.com for activities in Southern California.

We are happy to inform our parents that the 2016-17 school year for our Preschool program at Central Pacific begins on Wednesday August 10th. There are still openings at our Central Pacific Center for Half-Day Preschool and Ludloff Center for Full-Day.

During the month of August we will begin recruiting parents to serve on the OPT Board. Offices are: President, Vice President, Secretary, Treasurer and Site Representative. Sign-ups sheets will be available at the sites for parents and teachers to join the O.P.T. Board.

The Organization of Parents and Teachers, is an organization that assists the agency with extracurricular activities, fieldtrips and fundraisers. The board meets once a month at our Kohn Center Library. This is a great way to learn leadership skills while giving back to Young Horizons and contributing to your child's early education. Please recognize that your participation as a parent is vital to your child's development.

We will also be sending out the Parent Workshop Survey. Through this survey you will be able to provide feedback on the types of topics that most interest you. With your suggestions we are then able to provide monthly workshops with presenters, activities and important information. We ask that you attend as many workshops as possible to get the most out of these activities.

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Monthly theme: "Community Helpers"

Can you spot community helpers when you go to the market, when you are crossing the street or when you have an emergency?

Community helpers are everywhere and we can also be part of that. Policemen keep us safe, firemen put out fires and crossing guards help us stay safe when we are headed to school and need to cross the street.

Your child will be learning about the many helpers they can find in our community. They will get a chance to learn how they can help make someone's life easier with simple daily tasks.

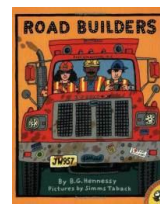
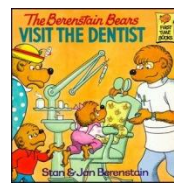
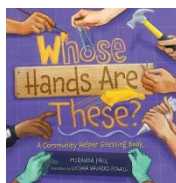
The lesson plans include: identifying community helper's roles, learning how they help us every day and exploring the question: What do you want to be when you grow up? The children will learn about policemen, doctors, firemen and everyone who helps our community stay safe and healthy.

Reminder: We are now using our texting system to keep our children safe and our parents informed. Through this system we will be able to communicate with our parents regarding any emergencies or important announcements. Please sign up by texting your center's keyword to **41411**. Talk to your site supervisor to find out your center's keyword.



Recommended books for the month of August:

"Whose Hands are These?" by Miranda Paul
"The Berenstain Bears Visit the Dentist" by Stan and Jan Berenstain
"Road Builders" by B.G. Hennessy



Cooking Experience

August 9th Lunch: Bean and cheese burrito



OPT Newsletter Page 2

Summer Reading Tips for Parents of Babies, Toddlers and Young Children

Summer offers many unique opportunities to weave literacy into everyday activities with your child. Beach trips, swimming in a pool or family barbecues provide ideal opportunities for conversation, book reading and looking at letters—skills that will help your child become a reader and writer later in life. Try some of these tips for making your young child's summer full of literacy fun.

Be a reader yourself. When you read newspapers and books and write letters and lists, you show your young child how reading and writing are useful. By demonstrating why reading and writing are important, you will motivate your child to become a reader and writer.

Set aside a consistent time each day for reading aloud. Choose a read-aloud time that fits your family's summer schedule and stick to it every day. Your baby, toddler or young child will look forward to this special time together.

Connect read-aloud choices to summer activities. Read your child a book about the beach, such as "Sea, Sand, Me!" before or after a beach trip, or read "The Very Lonely Firefly" after your child discovers fireflies at a family cookout. When you read and discuss books about things your child has experienced, you help him learn important vocabulary and extend his understanding of experiences.

Check out summer programs at your local public library. Many feature special story times, sing-alongs and puppet shows during the summer. These programs offer fun opportunities for your child to expand his literacy-related skills.

Look at letters and words as you enjoy summer activities. As you walk to the park, point out stop signs and letters in street signs. When you visit the local pool, point out the list of pool rules. Let your child draw and write with chalk on the sidewalk. By drawing your child's attention to print and letters, you teach her about specific letters and words while pointing out the many uses of print.

Take books along on outings. Pack some board books in your beach bag or picnic basket, and bring a stack of books on long car rides. You and your child can enjoy books together anywhere you go this summer.

Dates to Remember

Sept 2: Staff Development Day: Centers Closed

Sept 5: Labor Day: Centers Closed

August 29: OPT Candidate Campaigns

September 16: OPT Elections

October 10: OPT Fall Fundraiser

Fun National Days in August

August 3- National Watermelon's Day

August 7- National kid's day

August 9- Book Lovers Day

August 10- National S'mores Day

August 12- United Nations International Youth Day

August 26- Woman's Equality Day

August 30- National Marshmallow Toasting Day



Instagram

younghorizonslb

Edit Profile

Young Horizons Child Care "Success starts here!" Young Horizons is a non-profit organization dedicated to providing quality childcare for low-income families in Long Beach www.yhcc-lb.com

25 posts 72 followers 27 following



Set aside some time every day to have fun with your child.

Whether it's running through the sprinkler together on a hot afternoon or counting the stars on a blanket in the backyard before bedtime, do at least one thing a day to connect and have fun. Remember, what matters is always how it FEELS, not how it LOOKS. Your child doesn't need a Martha Stewart activity: just a loving connection with you.

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